VOLUNTEERS NEEDED FOR A RESEARCH STUDY

on the effects of lifestyle modifications in obese women with unexplained infertility.

- overweight women (BMI ≥ 30)
- 18-40 years old with regular menstrual periods
- with more than one year of infertility
- who are seeking pregnancy



VOLUNTEERS WILL

- have office visits to OU Reproductive Medicine Clinic
- take study medications
- wear a FitBit (fitness tracking watch)
- use Nutrisystem meals
- keep a diary
- undergo physical exam, blood work, clinical tests to determine if fallopian tubes are open, semen analysis (from partner), and intrauterine insemination

FOR MORE INFORMATION

Please contact the research coordinator at:

405-271-9204

